

Day 2 8:30 a.m. - 5:00 p.m.

- Small group Interventions:
Defusing's, Critical Incident Stress
Debriefing (CISD)
- Assessing the need for CISD,
Factors which enhance CISD
success
- Role playing of all interventions.
- What to do when you get back to
your department/hall
- Question and answer period



For more information about the course being offered, or to set up a course like this for your own group, please contact Brian Bennett at cismtraining@outlook.com
Or call 416-894-6015
For more information on CISM, please visit cismtraining.ca or icisf.org

Workshop Registration: Registration is limited, and should be received by September 1st 2016. Payment must accompany your registration to hold your spot in the course.

To register, please mail your cheque and registration form to: Brian Bennett 2673 Bur Oak Ave, unit 2 Markham Ont. L6B 1K9, unless other payment options have been arranged prior to the course.

Make cheques payable to: Brian Bennett.

Cost: \$300 (before Sept 1st) \$350 after Sept 1st, 2016.

Fee includes certificate from the ICISF "International Critical Incident Stress Foundation", Group Crisis Intervention text, course material, quick reference cards, snacks/refreshments, & HST.

Please note that this course is filled first come first served, please register early to avoid disappointment. Course is subject to cancellation if there are not enough participants.

Please print clearly as we use this information for your certificate

Name: _____

Organization: _____

Address: _____

Phone: _____

Email: _____

Food Allergies: _____



*The Bluewater Fire Department
is proud to host*

Critical Incident Stress Management

Group Crisis Intervention

Facilitated by Brian Bennett

ICISF approved instructor,
CISM team member & Pan Am
Game's medical manager

September 24-25th
Bayfield Fire Station
4 Municipal Road,
Bayfield





What is a critical incident?

Any event that causes a strong emotional reaction with the potential to interfere with a person's ability to function. An accident that has the ability to overwhelm an individual

Examples of a critical incident

- Serious injury or death of a co-worker
- Suicide of a colleague
- Mass Casualty incidents
- Death of children or adolescents
- Serious injury or death resulting from the actions of an emergency worker
- Loss of patient life after a prolonged or extensive effort
- Incidents that attract extensive media coverage
- Incidents where responders know the victim
- Any incident that is charged with profound emotion

Group Crisis Intervention

Designed to present the core elements of a comprehensive, systematic and multi-component crisis intervention curriculum, the Group Crisis Intervention course will prepare participants to understand a wide range of crisis intervention services. Fundamentals of Critical Incident Stress Management (CISM) will be outlined and participants will leave with the knowledge and tools to provide several group crisis interventions, specifically demobilizations, defusing's and the Critical Incident Stress Debriefing (CISD). The need for appropriate follow-up services and referrals when necessary will also be discussed.

This course is designed for anyone in the fields of Business & Industry Crisis Intervention, Disaster Response, Education, Emergency Services, Employee Assistance, Healthcare, Homeland Security, Mental Health, Military, Corrections, Fire/EMS, and Traumatic Stress.

Program highlights

- Relevant research findings
- Relevant recommendations for practice
- Incident assessment
- Strategic intervention planning
- "Resistance, resilience, recovery" continuum
- Large group crisis interventions
- Small group crisis interventions
- Adverse outcome associated with crisis intervention
- Reducing risks

Critical Incident Stress Debriefing (CISD)

Completion of "Group Crisis Intervention" and receipt of a certificate indicating full attendance (14 Contact Hours) qualifies as a class in ICISF's Certificate of Specialized Training Program.

Included with the course is the textbook "Critical Incident Stress Management (CISM): Group Crisis Intervention, 5th edition" by Jeffrey T. Mitchell from the ICISF. As well, participants receive a Certificate of Completion.

Why should I attend?

This course lays the foundation for helping those affected by a critical incident. We provide you with the knowledge, training, tools, and practice, to help those that help others. To provide psychological or emotional first aid for those that may have Physical, Emotional, Cognitive, or Behavioral signs and symptoms.

Some of the goals of CISM include: Mitigate stress, facilitate psychological normalization & lower tension, accelerate the recovery process, provide information and set reactions, educate on stress management and coping skills, reduce the sense of chaos, psychological triage and referral if needed.

Day 1 8:30am-5:00pm

- Introductions, objectives, concepts and terms
- Reactions to stress, Critical incidents, Crisis, Crisis intervention (goals/principles/research)
- Strategic planning, CISM core components, overview of group tools and when to use them
- Large group interventions: Demobilization R.I.T.S, Crisis Management Briefing CMB, role play